



WESTERN CANADA MENU SPRING/SUMMER 2016



WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	May-16, Jun-6, Jun-27, Jul-18, Aug-8, Aug-29, Sep-19, Oct-10	May-17, Jun-7, Jun-28, Jul-19, Aug-9, Aug-30, Sep-20, Oct-11	May-18, Jun-8, Jun-29, Jul-20, Aug-10, Aug-31, Sep-21, Oct-12	May-19, Jun-9, Jun-30, Jul-21, Aug-11, Sep-1, Sep-22, Oct-13	May-20, Jun-10, Jul-1, Jul-22, Aug-12, Sep-2, Sep-23, Oct-14	May-21, Jun-11, Jul-2, Jul-23, Aug-13, Sep-3, Sep-24, Oct-15	May-22, Jun-12, Jul-3, Jul-24, Aug-14, Sep-4, Sep-25, Oct-16
BREAKFAST	RELAXED BREAKFAST Served Daily 6am - 10am	RELAXED BREAKFAST Served Daily 6am - 10am	RELAXED BREAKFAST Served Daily 6am - 10am	RELAXED BREAKFAST Served Daily 6am - 10am	RELAXED BREAKFAST Served Daily 6am - 10am	RELAXED BREAKFAST Served Daily 6am - 10am	RELAXED BREAKFAST Served Daily 6am - 10am
AM	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice
LUNCH	Beef Barley Soup	Cream of Tomato Soup	Chicken Noodle Soup	Cream of Mushroom Soup	Minestrone Soup	V-8 Juice	Cream of Chicken Soup
	Turkey Sandwich Cold Plate	Grilled Cheese Sandwich	Sloppy Joe	Pulled Pork on a Bun	Chef's Choice Quiche	Chili Con Carne	Fish & Chips
	Sliced Tomato & Cucumber	Pickles	Green Peas	Coleslaw	Tomato Slices	Corn Muffin	Tartar Sauce
						Mixed Green Salad	Creamy Coleslaw
	Fresh Cantaloupe	Mini Donut	Pudding	Watermelon	Mango & Yogurt	Pineapple Tidbits	Deluxe Fruit Salad
	OR	OR	OR	OR	OR	OR	OR
	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches
PM	Assorted Juice Date Turnover Cookie	Assorted Juice Digestive Oatbran Cookie	Assorted Juice Chocolate Chip Cookie Hmd	Assorted Juice Mini Danish	Assorted Juice Peanut Butter Cookie Hmd	Assorted Juice Strawberry Turnover Cookie	Assorted Juice Oatmeal Cookie Hmd
DINNER	Honey Mustard Pork Chops	Meatballs in Mushroom Gravy	Baked Chicken	Homemade Shepherds Pie	Salmon with Dill Sauce	Marinated Chicken	Hawaiian Ham
	Mashed Potatoes	Steamed Rice	Mashed Potatoes	Beef Gravy	Steamed Rice	Parsley Potatoes	Scalloped Potatoes
		Broccoli Florets	Carrot Coins	Cream Corn	Oriental Mixed Vegetables	Sunrise Vegetable Mix	Green Beans
	Apple Crisp	Orange Sorbet	Banana Cream Pie	Jell-O	Ice Cream	Pecan Strusel Cake	Boston Cream Pie
	OR	OR	OR	OR	OR	OR	OR
	Baked Fish	Baked Chicken Thighs	Baked Fish	BBQ Sausage	Meatballs in Sauce	Veal in Mushroom Sauce	Beef BBQ Ribette
HS	Assorted Sandwiches Milk 2%	Assorted Sandwiches Milk 2%	Assorted Sandwiches Milk 2%	Assorted Sandwiches Milk 2%	Assorted Sandwiches Milk 2%	Assorted Sandwiches Milk 2%	Assorted Sandwiches Milk 2%

(250 ML OF MILK AT BREAKFAST = 125ML IN CEREAL AND 125ML TO DRINK) (PEANUT BUTTER 30mL OFFERED WITH BREAKFAST DAILY)

1 SLICE BREAD (4 CRACKERS) AND MARGARINE SERVED WITH LUNCH AND DINNER MILK (3.5 CUPS / 875 ML) PLUS TEA OR COFFEE SERVED AT BREAKFAST, LUNCH, DINNER AND SNACKS

******MENU SUBJECT TO SMALL CHANGES DUE TO AVAILABILITY PLEASE SEE NEIGHBORHOOD BOARDS FOR DAILY MENU POSTING******