

October 2023 ~ Irene Baron Eden Centre ~ Life Enrichment Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:30 WORSHIP SERVICE "FAMILY" 1:30 GOSPEL SING-A-LONG	2 10:30 STRENGTHENING EXERCISES 1:30 BIBLE STUDY ON MARIGOLD "GIVE THANKS" PSALM 100	3 10:30 STRETCHES & OCTOBER NEWS 1-4 pm Manitoba Election	4 10:30 FITNESS & FINISH THE LINES 1:30 Ladder Ball	5 1:30 BEAN BAG TOSS 6 PM MOVIE & POPCORN	6 10:30 Chair Yoga 2 :00 Piano by Sue	7 10:00 MANICURES 1:30 FITNESS AND "TURKEY TICKLERS"
8 10:30 WORSHIP SERVICE "CREATIVITY" 1:30 HOW MANY WORDS FROM "THANKSGIVING"	9 	10 11:30 Ramblin Rose & Blueberry Bay Lunch Outing to "The Original Pancake House" BARBARA H.- B-DAY	11 1:30 Sing-a-Long with Susie Q. DVD ELSIE H.- B-DAY	12 10:30 Chair Yoga 1:30 BINGO & REFRESHMENTS 6 PM Happy Hour w/ 60's & 70's Flashback music	13 10:30 Making Apple Pies 2 :00 Piano by Sue	14 10:00 MANICURES 1:30 Chair Dancing Around the World
15 10:30 WORSHIP SERVICE "FRIENDSHIP" 2:30 PROVIDENCE CHURCH	16 10:30 STRENGTHENING EXERCISES 1:30 BIBLE STUDY ON RAMBLIN ROSE "GIVE THANKS" PSALM 100 WALTER P. B-DAY	17 10:30 BASEBALL TOSS 1:30 pm Monthly Birthday Party w/Guitarist Cal Wookey	18 10:30 LET'S GO ON A HIKE! EXERCISE 1:30 In House Bowling	19 10:30 Fitness & finish the Lines 1:30 Spelling Bee	20 10:30 Stretches & Family Tree 2 :00 Piano by Sue	21 10:30 FUN & FITNESS 1:30 Group Crossword Puzzle
22 10:30 WORSHIP SERVICE "HOPE" 1:30 WASHER TOSS	23 10:30 STRENGTHENING EXERCISES 1:30 BIBLE STUDY ON BLUEBERRY BAY "GIVE THANKS" PSALM 100	24 10:30 STRETCHES & EVERYBODY'S "BOO"TIFUL 12:45-2:00 Gr. 1&2 students from Bernie Wolfe School visiting BOGDAN M.- B-DAY	25 10:30 Sit n' Dance DVD 1:30 PUMPKIN DECORATING	26 1:30 HALLOWEEN BINGO 6 PM KIDS HALLOWEEN PARADE & PARTY MARYANNE W. B-DAY	27 10:30 Fitness & History on Jack-O-Lanterns 2 :00 Piano by Sue	28 10:30 FUN & FITNESS 1:30 Shake Loose a Memory
29 10:30 WORSHIP SERVICE "SACRIFICE" 2:30 PROVIDENCE CHURCH	30 10:30 STRENGTHENING EXERCISES 1:30 BIBLE STUDY ON IVY TRAILS "GIVE THANKS PSALM 100 OLGA W.- B-DAY	31 11:30 Ivy Trails & Marigold Lane Lunch Outing to "The Original Pancake House" SUSAN F.- B-DAY	*Give a smile *Receive a smile 			

PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES