

November 2018 ~ Irene Baron Eden Centre ~ Life Enrichment Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>HIGHLIGHTED NUMBERS INDICATES PROVINCIAL HOLIDAY</p>				<p>1 10:15 EXERCISE CIRCLE & NOVEMBER NEWS 1:15 BEAN BAG TOSS</p>	<p>2 10:15 LADDER BALL 1:30 HAPPY HOUR W/RECYCLED JAMMERS</p>	<p>3 10:00 SARA JANE'S PIANO STUDENTS PERFORMING 1:00 Piano Studio w/Mel Koop  Fall back-Daylight Savings on the 5th</p>
<p>4 *REMEMBER TO SET YOUR TIME BACK 1 HOUR* 10:15 DEVOTION AND SUNDAY SING-A-LONG 1:15 SHUFFLEBOARD AND SNACK</p>	<p>5 10:15 Exercises & Sing-A-Long 1:15 Ladder Ball</p>	<p>6 9:30 Making your own pizza @ Boston Pizza Outing </p>	<p>7 10:15 STRETCHES & WORD GAME 1:15 Washer Toss</p>	<p>8 10:15 FUN 'N FITNESS 11:45 Early Lunch 1:00 "REMEMBRANCE DAY SERVICE" W/ROYAL CANADIAN LEGION</p>	<p>9 10:15 Morning stretches & "REMEMBERING OUR LOVED ONES" 1:15 HOW MANY WORDS FROM "REMEMBRANCE DAY"</p>	<p>10 1:15 SHUFFLEBOARD 6:15PM GAME NIGHT & COFFEE</p>
<p>11 REMEMBRANCE DAY  2:30 PROVIDENCE CHURCH</p>	<p>12 10:15 EXERCISE VIDEO 1:15 FAMILY HEIRLOOM SHOW 'N TELL</p>	<p>13 10:15 BALLOON MANIA 1:15 Bean Bag Toss</p>	<p>14 10:15 Snow Fitness 1:15 Ladder Ball Gilbert C. B-Day </p>	<p>15 10:15 FUN 'N FITNESS 1:30 "Happy Hour" w/Fire & Ice</p>	<p>16 10:15 MORNING STRETCHES AND WORD GAME 1:15 Choir Practice</p>	<p>17 1:15 FUN FACTS ABOUT "POMEGRANATES" 6:15PM BINGO & COFFEE</p>
<p>18 10:15 DEVOTION AND SUNDAY SING-A-LONG 1:15 SHUFFLEBOARD AND SNACK</p>	<p>19 10:15 Sing-a-long w/Guitarist Brian McMillan 1:15 Beach Ball Circle</p>	<p>20 1:15 MANICURES & SING-A-LONG 4:30 Early Supper 6:00PM MOVIE NIGHT FEATURING "JOYFUL NOISE" POPCORN & DRINK</p>	<p>21 10:15 FITNESS & FINISH THE LINES 1:15 GROUP CROSSWORD PUZZLE</p>	<p>22 U.S. Thanksgiving  10:15 STRETCHES & THANKSGIVING SCRABBLE 1:15 Holiday Tea Outing @The Childrens Museum </p>	<p>23 9:30 Catholic Service followed by Singing 1:15 Choir Practice</p>	<p>24 10:15 Snow Fitness 1:30 Entertainment w/Celtic Country</p>
<p>25 10:15 Devotions & Hymn Sing 1:15 Bean Bag Toss 2:30 PROVIDENCE CHURCH</p>	<p>26 10:15 FUN 'N FITNESS 1:15 SHAKE LOOSE A MEMORY</p>	<p>27 10:15 Choir Practice 1:15 SHUFFLEBOARD</p>	<p>28 10:15 Christmas Sing-a-long DVD 1:15 Ladder Ball</p>	<p>29 1:15 Choir Practice 6:15PM BINGO & COFFEE</p>	<p>30 10:15 Snow Fitness 1:30 Monthly Birthday Party w/Almost Angels</p>	

PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES