June 2025 ~ Life Enrichment Calendar Irene Baron Eden Centre ~

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:30 Worship Service 1:30 BEAN BAG/WASHER TOSS 8 10:30 Worship Service	10:30 Exercises & June News 1:30 Gardening 9 1:30 Sing-a-long with Susie Q.	10:30 Morning Stretches 1:30 Toss the Hoop 10 10:30 Stretches &Interesting facts on Insects	4 10:30 Group Crossword Puzzle 1:30 Gardening 11 10:30 Gardening	12pm BBQ Picnic Lunch for all– Hamburgers & Watermelon 12 1:30 Gardening	6 10:30 Ribbon Dancing 2:00 Piano by Sue 13 10:30 Chair Yoga	7 10:00 Manicures 1:30 Outdoor Walk & Patio Refreshments 14 10:00 Manicures
2:30 PROVIDENCE CHURCH		1:30 Monthly B-day Party w/Cal Wookey	1:30 Elder & Family Council Meeting	6:00 Toss the Hoop	1:30 Sing-a-long	1:30 Laughter is the best Medicine
Happy Fathers Cay 15	16	17	18	19	20	21
8:00a.m. MEN'S BREAKFAST & DAD JOKES 10:45 Worship Service	10:30 Stretches and How many words from "Happy Father's Day"	10:30 Yoga Stretches with Laura 1:30 Bounce a Bucket of Balls	10:30 Sit and Dance moves 1:30 Beach Volleyball	1:30 Alzheimer's Walk 6:00 HAPPY HOUR W/VIC – INVISIBLE TRIO	10:30 Chair Dancing 2:00 Piano by Sue	10:30 Outdoor Walk 1:30 Line Dancing with Laura
10:30 Worship Service 2:30 PROVIDENCE CHURCH	1:30 Sing-a-long with Susie Q.	11:30 Outing to Johnny's Maples Pizza for 2 nd Floor	10:30 Group Crossword Puzzle 1:30 Bocce Ball	26 1:30 Stretches & Outdoor Walk 6:00 LADDER BALL	10:30 Tai Chi 1:30 Sing-a-long	28 10:30 Chair Yoga 1:30 CANADA DAY Celebration
10:30 Worship Service 1:30 BEAN BAG/WASHER TOSS	10:30 Strengthening Exercises 1:30 Gardening		LoTioN			